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	Angels for Our Elders
Application Completeness Check for 2026 HSAB Funding	Angels for Our Elders
Average Daniel Daniel	ά <b>7</b> 000
Amount Requested	\$7,000
Questions	
Are all questions answered?	Yes
Is the application signed? (this is a certification)	Yes
Does the program have measurable outcomes?	Yes
Is the agency a Human Services Agency?	Yes
Is the agency overseen by a Board of Directors?	under review
Required Attachments	
BUDGETS	
1. Program budget for current fiscal year	Yes
2. Program budget proposed for next fiscal year	Yes
3. Budget showing the exact uses of the HSAB funding, to be included	
in the contract	Yes
BOARD OF DIRECTORS INFORMATION	
4. Board of Directors membership roster	Yes
5. Board of Directors City of Residence	Yes
6. Board of Directors Meeting Attendance Record	Yes
7. Board of Directors membership criteria	Yes
ORGANIZATION INFORMATION	
8. Current IRS Form 990, pages 1 and 2 (not required for churches)	NA
9. Non-discrimination policy statement	Yes
PROGRAM INFORMATION	
10. Final Performance Report for 2024 Funding (if funded)	NA
11. Letters of support for the program - how many	Pending
12. Policies and Procedures for the proposed Program, if available	Not available

# City of San Marcos Human Services Grants FY2026 Application

## I. SUMMARY INFORMATION

Please spell out organization name and program name completely, without acronyms.	
Applicant Organization: Angels For Our Elders	
Contact Name: Christina Casas-Moreno Telephone:	
Contact E-Mail Address: Website: None	
Mailing Address:, San Marcos Texas 78666	
San Marcos Service Address for this Program:	
Who is authorized to execute program documents?(Name, Title) Christina N. Casas-Moreno, Co-Founder, Pr	rogram
<u>Director</u>	
Program Name: Angels For Our Elders	
Amount of Funds Requested: \$7,000	
What percentage of the cost of this program is requested as funding through this application?100%	

## **II. QUESTIONS**

All questions must be answered. Please type your answers. Application evaluations will be based on, but not necessarily limited to the criteria stated in each section.

## **OVERVIEW**

1. Summarize the program for which funding is being requested, the services it provides, and the clients it serves.

Angels for Our Elders is a culturally rooted outreach program serving elderly residents in Victory Gardens/Barrio de La Victoria, San Marcos, Texas. We are seeking funding to expand our efforts to other barrios (El Barrio del Pescado/Wallace Addition, El Barrio de Jorobado and El Barrio de la Nalga Pelona/East Guadalupe Neighborhood to support the health, independence, and dignity of aging adults in our community, many of whom face social isolation, food insecurity, and limited access to essential services.

The program provides a comprehensive range of services, including Health & Wellness Support: wellness check-ins, mental health resources, and health education. Nutrition Assistance: grocery gift cards, Nutrition Workshops/Diabetes Education. Sessions on reading food labels, portion control, and cooking on a budget. Include bilingual materials and culturally relevant recipes. Daily Living Support: care packages with hygiene items and tools for activities of daily living (ADLs) Social & Emotional Engagement: holiday celebrations, friendly visits, and intergenerational events. Cultural Preservation: honoring traditions like Día de Los Reyes Magos (Three Kings Day), Dia de los Muertos (Day of the Dead) and Los Posadas to celebrate our heritage. Resource Navigation: referrals for housing, healthcare, legal aid, and public benefits

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Our clients are primarily low-income, aging adults who have long contributed to the cultural and historical fabric of the neighborhood. With additional funding, Angels for Our Elders will expand its reach, deepen its impact, and continue building a compassionate, connected community where elders are honored, supported, and empowered.

#### COMMUNITY NEED AND JUSTIFICATION -15 POINTS

Evaluation: documentation and justification of the need for the program in the City of San Marcos.

1. Describe in detail the need for this program in San Marcos.

San Marcos is experiencing a demographic shift that mirrors broader trends across Texas: the population is aging rapidly. According to recent U.S. Census data, the number of Texans aged 65 and older has grown faster than any other age group since 2020, increasing by 3.8% from 2023 to 2024 alone. This trend is expected to continue, placing greater demand on local health and social services. The need is especially urgent in communities of color, where elderly people often face language barriers, cultural disconnects, and economic hardship. Angels for Our Elders can fill a critical gap by offering culturally grounded services.

Many elders in our community live on fixed incomes, face transportation barriers, and experience social isolation, which is linked to increased risks of depression, cognitive decline, and chronic illness. Additionally, the lack of accessible, culturally sensitive services leaves many elderly disconnected from the resources they need to age with dignity and independence.

Angels for Our Elders address these critical gaps by providing culturally grounded support that includes care packages, wellness check-ins, food assistance, and community celebrations rooted in tradition. The program not only meets immediate needs but also fosters a sense of belonging and respect for our elders who have shaped the community's identity.

Key References on Aging Population and Needs in Texas U.S. Census Bureau (2024) Census Bureau Aging Data Tools

2. Has the need for this program been increasing in recent years?

San Marcos and surrounding areas are experiencing a steady increase in residents aged 65 and older. As more seniors choose to age in place, the demand for culturally sensitive, community-based support continues to rise. Angels for our Elders are tailored to the cultural values, traditions, and languages of the diverse communities in our barrios. Due to the success and positive community response in its founding neighborhood, the program is now being asked to expand into adjacent barrios where elders face similar challenges such as social isolation, food insecurity, and limited access to health education. This expansion reflects both the unmet need and the trust the program has built within the community.

## **IMPLEMENTATION –15 POINTS**

#### **Evaluation:**

- The application demonstrates that resources needed to manage the proposed program are available and ready.
- Applicant has clearly defined objectives focusing on results and measurable outcomes vs. only program activities descriptions and numbers served.
- Past performance of programs funded by Human Services Grants has met expectations.

1. Are all resources in place to be able to implement this program? If not, what is missing?

Angels for Our Elders has a strong foundation in place to implement and expand its services, including established leadership by trusted community members. Community partnerships with local businesses, families, and volunteers. Proven outreach model through successful care package delivery and cultural events, strong community trust and engagement, especially in Barrio de La Victoria/Victory Gardens. However, to fully implement and expand the program to neighboring barrios and meet the growing demand, several key resources are still needed: Sustainable funding to support program expansion, purchase supplies, and coordinate logistics. With these additional resources, Angels for Our Elders will be fully equipped to scale its impact and ensure that more elders across San Marcos receive the care, connection, and cultural recognition they deserve.

- 2. What specific, measurable outcomes or results do you hope to achieve with this program?
- Serve 100+ elders with culturally tailored care packages and wellness check-ins.
- Host 2–3 cultural outreach events (e.g., Día de Los Reyes Magos, Dia de Los Muertos, Las Posadas).
- Engage 5-10+ community volunteers, including youth, in intergenerational activities.
- Expand services to 1-2 more neighboring barrios with similar elder needs.
- Launch a diabetes education class reaching at least 50 elders in one year.
- Reduce reported feelings of isolation among participants by 30% (via surveys).
- Increase elder participation in community events by 30%.
- Establish a year-round elder support network with seasonal outreach and check-ins.
- Create a community advisory board including elders to guide program growth.
- Document and preserve 5+ elder stories or traditions to celebrate cultural heritage.
- Demonstrate improved health outcomes (e.g., better nutrition, diabetes management) through follow-up assessments.
- 3. If funding is not available at the requested amount, what is the minimum Human Services Grant funding needed to be able to run this program?

If full funding is not available, we can operate the program at a minimum funding level of \$5,500. This reduced amount would allow us to maintain essential services and continue meeting the core needs of our target population.

### IMPACT AND COST EFFECTIVENESS -15 POINTS

#### **Evaluation:**

- impact on the identified need
- implementation costs compared to impact
- use of available resources (financial, staff, volunteer)
- impact compared to other applicants
- 1. Programs can provide value by deeply impacting the lives of a few, with effects that may ripple through generations, or by providing smaller but meaningful impact to a larger group. Describe in detail the impact this program will have on the identified need and on San Marcos residents.

Angels for Our Elders is designed to create both deep, personal impact for individual elders and broader community-wide benefits that ripple across generations. Deep Impact on Individuals For our elderly served, many of whom face social isolation, food insecurity, and limited access to culturally relevant care, the program provides: emotional connection through personalized outreach and culturally significant celebrations, improved well-being with care packages that support daily living and nutrition, empowerment. These seemingly small acts, like receiving a gift on

Día de Los Reyes Magos can restore a sense of belonging and self-worth, especially for elders who feel forgotten. Wider Impact on the Community, The program also creates meaningful change at the community level: Strengthens intergenerational bonds by involving youth and volunteers in elder outreach, Preserves cultural heritage through storytelling, traditions, and shared celebrations, Builds community resilience by fostering a culture of compassion, respect, and mutual support, As the program expands to neighboring barrios, it becomes a model for culturally responsive elder care, filling service gaps and inspiring similar efforts across San Marcos. Long-Term Ripple Effects, Elders who feel supported are more likely to engage in community life and share their wisdom, Youth involved in the program gain empathy, cultural pride, and a sense of civic responsibility, Families and neighborhoods become more connected, reducing isolation and improving quality of life for all. In essence, Angels for Our Elders is not just a service, it's a movement that uplifts the most experienced members of the community while planting seeds of compassion and connection for future generations.

2. Briefly describe other funding sources, volunteers, or in-kind donations that will be used with this program.

Angels for Our Elders is supported by a growing network of community partners, volunteers, and donors who are deeply committed to the program's mission. In addition to requested grant funding, the program previously benefited from:

In-kind donations from local businesses such as Casa Maria Mexican Restaurant, La Sociedad Cuauhtémoc, Balanced Nutrition San Marcos, and Road Toad Logistics LLC, and multiple friends and family which contribute financial support. Volunteer support from community members, families, and youth who assist with assembling care packages, delivering items, and participating in outreach events. Partnerships with local organizations that help identify elders in need and provide space or resources for events and workshops.

3. How many total annual unduplicated direct clients is this program expected to serve? What percentage will be San Marcos residents?

Angels for Our Elders expects to serve approximately 100 unduplicated direct clients annually. Of these, an estimated 95% will be San Marcos residents, primarily from Victory Gardens/Barrio de La Victoria and neighboring barrios. The remaining 5% may include elders from nearby communities who share cultural ties or are referred to through partner organizations. This focus ensures that the program remains deeply rooted in the San Marcos community while allowing for thoughtful, need-based expansion.

### **COMMUNITY SUPPORT – 15 POINTS**

#### **Evaluation:**

- A minimum of three letters of reference that indicate strong local support for the program and the agency's
  ability to implement it as described in the application. Letters must be in support of the specific program
  requesting funding, not the agency as a whole. Letters will preferably be from San Marcos residents as well as
  direct clients of the program.
- Evidence that volunteers play a vital role in the program or agency's operation.
- Evidence that board members are actively involved in and supportive of the agency
- 1. What actions do Board members take to support the programs of the agency?

Strategic Guidance: Providing oversight and input on program direction, expansion, and community alignment. Fundraising and Resource Development: Assisting with donor outreach, securing sponsorships, and identifying grant opportunities. Community Advocacy: Serving as ambassadors for the program within the San Marcos community and beyond, helping to build partnerships and raise awareness. Volunteer Engagement: Participating in events,

helping assemble care packages, and encouraging others to volunteer. Governance and Accountability: Ensuring the program operates ethically, transparently, and in alignment with its mission and goals. Their leadership and commitment help ensure that Angels for Our Elders remains responsive to community needs and positioned for long-term impact.

2. Briefly describe the number and role of volunteers in the program or agency's operation.

Angels for Our Elders relies on a dedicated team of approximately 5-10 volunteers annually to carry out its mission. Volunteers play a vital role in the program's operations by: Assembling and delivering care packages to elders in the community. Assisting with event setup and coordination for cultural outreach activities. Providing wellness checkins and friendly visits to reduce social isolation. Supporting outreach and communication efforts to engage new elders and community partners. Volunteers include local families, students, and community members who are passionate about honoring and supporting elders. Their involvement not only extends the program's reach but also strengthens intergenerational bonds and community connection.

#### **COUNCIL PRIORITIES - 30 POINTS**

1. How long has this program served San Marcos residents? (10 points if at least 2 years)

As of July 2025, the program Angels for Our Elders has been serving the San Marcos, Texas community for 2 years, having started 2023.

2. Does the agency have an office in San Marcos? (10 points if it does)

Yes, 701 Lime Kiln Road San Marcos, Texas 78130

3. Describe how this funding will create an increase in services or an increase in the number of people served. (10 points if creates an increase)

With this funding, Angels for Our Elders will significantly expand its outreach from 50 elders to 100 community elders and service the senior community in San Marcos. Specifically, the funding will: Increase the number of seniors served by enabling the recruitment and training of additional volunteers, allowing the program to reach more isolated or underserved elders. Expand service offerings, such as wellness checks, social visits, develop partnerships with local organizations to provide care and support, including mental health resources and recreational activities. This growth will directly result in a measurable increase in both the quantity and quality of services provided, ensuring that more elderly people in the community feel supported, connected, and cared for.

#### **RISK - 10 POINTS**

1. How many years' experience does the agency have in implementing a program of this size and complexity? (5 points if more than 5 years)

While Angels for Our Elders was formally established in 2023, the agency's roots trace back to the early days of the COVID-19 pandemic in 2020. During this critical time, the founding members and volunteers began providing informal support to isolated seniors in the San Marcos area delivering groceries, making wellness calls, and offering companionship to those most vulnerable. This grassroots effort laid the foundation for the official organization and reflects over 5 years of hands-on experience in delivering compassionate, community-based elder care. The

transition from informal service to a structured community organization has only strengthened the agency's capacity, allowing it to scale its impact while maintaining deep community trust and engagement.

2. What percentage of the program's funding is non-City? (5 points if at least 50%)

Non-City Funding Percentage: 100%

## III. FUNDING RESTRICTIONS

### By signing this application I certify the following to be true:

- 1. All Human Services Grant funding will be spent on San Marcos residents, except for school-based programs, in which case it may be spent within the San Marcos Consolidated Independent School District boundary.
- 2. Funding requested is not more than 50% of the total funding for the agency.
- 3. Funding will not be used to fund more than 20% of a full time position.
- 4. Agency has been in existence for at least 2 years. (This can include serving communities other than San Marcos.)

Submittal Approved BY:  Signature  Signature  Submittal Approved BY:  July 18, 2025  Date	
Christina N. Casas-Moreno	
Printed Name	
Co-Founder, Program Director	
Title	

# **BUDGETS:**

# Program Budget for the Current Fiscal Year:

# Angels for Our Elders – FY2025 Program Budget (50 Clients)

Category	Description	Amount (USD)
Care Packages & Hygiene Supplies	50 elders x \$55 per package (1x/year)	\$2,750
Emergency Fund	Direct food assistance (fixed)	\$500
Birthday & Milestone Celebration Cards	50 birthday cards	\$20
Cultural Events	2 events x \$1,500 each	\$3,000
Diabetes Education	Materials and guest speaker (fixed)	\$1,500
Health & Wellness Fair	Health services and resource booths (fixed)	\$1,500
Volunteer Training & Recognition	Orientation, background checks, appreciation events (fixed)	\$300

Category	Description	Amount (USD)
Office Supplies & Printing	Flyers, surveys, educational materials (fixed)	\$150
Communications & Outreach	Website and social media (fixed)	\$150
Total Estimated Budget		\$9,870

# Angels for Our Elders – FY2026 Program Budget (100 Clients)

Category	Description	Amount (USD)
Care Packages & Hygiene Supplies	100+ elders x \$55 per package (1x/year)	\$5,500
Emergency Fund	Direct food assistance	\$500
Birthday & Milestone Celebration Cards	100 Clients Birthday Cards	\$40.00
Cultural Events	3 events x \$1,500 each	\$4,500
Diabetes Education	Materials and guest speaker	\$1,500
Health & Wellness Fair	Health Services/Resources Booths	\$1,500
Personnel & Volunteer Support		
Volunteer Training & Recognition	Orientation, background checks, appreciation events	\$300

Category	Description	Amount (USD)
Administrative & Overhead		
Office Supplies & Printing	Flyers, surveys, educational materials	\$350
Communications & Outreach	Website and social media	\$350
Total Estimated Budget		\$14,540

Budget showing the proposed uses of HSAB funding, to be included in the contract:

The total proposed program budget for Angels for Our Elders for Fiscal Year 2026 is \$14,540. In accordance with HSAB funding guidelines, no more than 50% of the total program budget, a maximum of \$7,270 will be supported by HSAB funds. The remaining costs will be covered through other funding sources, including community donations, in-kind contributions, and private grants.

The following table outlines the proposed use of HSAB funds:

Category	Total Cost	HSAB Funded	Other Funding
Care Packages & Hygiene Supplies	\$5,500	\$5,500	\$0
Emergency Fund	\$500	\$500	\$0
Birthday & Milestone Celebration Cards	\$40	\$40	\$0
Cultural Events (3 events)	\$4,500	\$1,230	\$3,270
Diabetes Education	\$1,500	\$0	\$1,500
Health & Wellness Fair	\$1,500	\$0	\$1,500

Category	Total Cost	HSAB Funded	Other Funding
Volunteer Training & Recognition	\$300	\$0	\$300
Office Supplies & Printing	\$350	\$0	\$350
Communications & Outreach	\$350	\$0	\$350
Total	\$14,540	\$7,270	\$7,270

HSAB funds will be used to directly support essential services such as care packages, emergency food assistance, and cultural engagement activities that promote elder well-being and community connection. All other program components will be supported through alternative funding sources.

#### **BOARD OF DIRECTORS INFORMATION**

Board of Directors – Angels for Our Elders

**Executive Committee** 

Chairperson: Christina N. Casas-Moreno

New Braunfels, Texas

Vice Chair: Mercedes Formolo

San Marcos, Texas

Secretary: Nathaniel Moreno

New Braunfels, Texas

Treasurer: Agustin Moreno

New Braunfels, Texas

This board meets quarterly and oversee:

- Strategic planning and program expansion
- Financial oversight and fundraising
- Community engagement and cultural alignment
- Evaluation of program outcomes and impact

#### ORGANZIATION INFORMATION:

Non-Discrimination Policy Statement:

Angels for our Elders is firmly committed to the principles of equity, inclusion, and respect for all individuals. In alignment with federal, state, and local laws, our organization does not discriminate on the basis of:

Race

Color

Religion

Sex (including pregnancy, sexual orientation, and gender identity)

National origin

Age

Disability

Genetic information

Marital status

Veteran status

Any other characteristic protected by applicable law

This policy applies to all aspects of our operations, including but not limited to employment practices, volunteer engagement, service delivery, and community partnerships. We strive to create a welcoming and inclusive environment where all individuals are treated with dignity and respect.

Policies and Procedures for the proposed Program: Not Available

# Letters of Support

\*\*Pending\*\*